

**WASHINGTON DC ALUMNAE CHAPTER
DELTA SIGMA THETA
SORORITY INC.**

The Washington DC Alumnae Chapter of Delta Sigma Theta Sorority Inc. was officially recognized by Grand Chapter on February 3, 1921 as the second graduate chapter chartered.

The present National Five-Point Program has these emphases; Economic Development, Educational Development, International Awareness and Involvement, Physical and Mental Health, and Political Awareness and Involvement.

The Washington DC Alumnae Chapter consistently utilizes the talents, skills, training, and other resources of its entire membership to implement social, cultural and service programs.

**ALPHA OMEGA CHAPTER
OMEGA PSI PHI FRATERNITY INC.**

Alpha Omega Chapter of Omega Psi Phi Fraternity Inc. has had a distinguished history in Washington, D.C. since 1922.

The chapter has been the second-largest and largest chapter of the fraternity in terms of membership & provides \$10,000 to \$20,000 in scholarships to deserving young men graduating from the Washington, D.C., public, private, and parochial schools to help them attend college

The chapter has established a charitable foundation to fund many of its social action programs in addition to taking the lead role in funding and presenting the mandated national programs, such as: the Talent Hunt Demonstration and the Achievement Week Celebration.

**SASE Committee
Attention: Reginald Waters
P.O. Box 78212
Washington, DC20013**

**Fax: 888-259-4398
Email: sase@wdcac.org**



*Washington DC Alumnae Chapter
Delta Sigma Theta Sorority Inc.
&
Alpha Omega Chapter
Omega Psi Phi Fraternity Inc.*



**Self Awareness
Self Esteem
Program**

Self Awareness Self Esteem (SASE) At-A-Glance

The Self-Awareness Self-Esteem (SASE) Program is a joint project of the Washington DC Alumnae Chapter, Delta Sigma Theta Sorority, Inc. and the Alpha Omega Chapter, Omega Psi Phi Fraternity, Inc.

The program includes an academic yearlong series of programs, workshops, and other activities designed to enhance the self-awareness and self-esteem of teenagers, aged 13-18, in the Washington DC Metropolitan area.



Previous SASE participants & facilitators

SASE's activities are built around the following themes:

"My Cultural Self"

"My Physical & Mental Self"

"My Motivated Self"

Averaging 25-40 participants annually, the SASE program teaches participants how to remain focused, maintain positive attitude. & make strong decisions.

Self Awareness Self Esteem (SASE) Program Information

Participant Requirements

- DC Area Teen between 13-18 years old
- Completed application (including signature)
- Open mind

Program Dates

- **December 4, 2010**- "My Motivated Self"
- **January 17, 2011**-MLK Day of Service Project
- **February 19, 2011**- "My Cultural Self"
- **March 5, 2011**- "My Physical & Mental Self"

All programs occur from 10am until 2pm unless otherwise indicated

Program Location

Howard University
Armour J. Blackburn Center
2397 Sixth Street NW
Washington, DC 20059

Self Awareness Self Esteem (SASE) Program Support

As with any non-profit, community-based effort, we benefit greatly from contributions and financial assistance from individuals, organizations, companies, and churches to accomplish our mission.

Previous Sponsors & Supporters Include:

- Verizon Foundation
- Nike Foundation
- Washington DC Alumnae Foundation
- Dorothy I Height Community Academy Public Charter School
- Alpha Omega Social Action Foundation

Some of the ways you can join us in helping our area's young people in becoming more positive and productive include:

- Donating items (food, awards, prizes) or services (facilities) to offset the expenses associated with conducting the activities.
- Underwrite transportation for participants as they travel on field trips.
- Volunteer as a presenter and share personal success stories with SASE participants.
- Publicize the SASE Program and encourage young people to attend!

